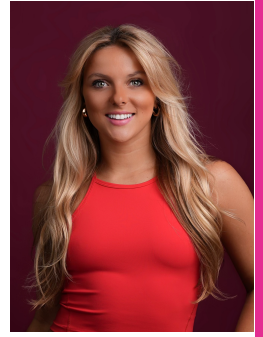


TURNING INSIDE OUT MENTORSHIP

ANNIE BEE FRANKEL



Annie Bee Frankel is a recent Summa Cum Laude graduate of Pace University in New York City. She earned her BFA in Commercial Dance with a double concentration in both performance and choreography. She is currently signed with Go2 Talent Agency and resides in Los Angeles working as a professional dancer and choreographer. She has a deep passion for growth as an artist and believes that performance skills and success in the industry begins with understanding who you are as a human first.

The aim of this program is to develop skills for the artists personal growth that then translate to reaching performance skills (working from the inside out). The focus will be geared toward audition prep, convention prep, competition prep and then focusing on the dancers' goals and how to achieve those goals past high school.

Includes:

- One on One Zoom calls
- Tracking work for progress
- Journaling
- Dancers personal profile (wardrobe ideas, hair ideas, class ideas)
- Video feedback
- Discussion of fitting summer programs, college programs, etc.
- Cross training
- Networking skills

Tier 1: \$300 every 3 weeks

- One Zoom meeting every other week (30- 45 minutes)
- Feedback from class footage, rehearsals, privates, responded with written feedback from Annie; can send up to 1 video a week for feedback
- Journaling and goal targeting

Tier 2: \$400 every 3 weeks

- One Zoom meeting every week (30-45 minutes)
- Feedback from class footage, rehearsals, privates, responded with written feedback from Annie; can send unlimited footage for feedback
- Journaling prompts and specific short-, medium- and long-term goal setting
- Creating and learning how to manage a schedule and how to find balance between school and dance
- Discussion about summer programs, college programs AND next steps for artists

Tier 3: \$500 every 3 weeks

- At least one Zoom meeting every week, option for two-three more per week dependent on artists goals and needs (30-45 minutes)
- Feedback from class footage, rehearsals, privates, responded with written feedback from Annie; can send unlimited footage for feedback
- Journaling prompts and specific goal setting (short, medium, long term)
- Creating and learning how to manage a schedule and how to find balance between school and dance
- Discussion about summer programs, college programs AND next steps for dance
- **Personalized** profile created by Annie about looks and wardrobe for convention, class, etc.
- Convention and competition feedback and PREP; meeting directly before and after competition to develop skills for nerves, confidence, nutrition, warm-up, etc.
- Discussion and development of cross training skills (for the mind and body)
- Prep for reaching out to industry professionals (emailing, messaging, how to take class, how to talk to industry professionals after class)
- Learning to create resumes
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FOR tiers 1 & 2:

- Can add extra \$60 a month when competition/convention season starts for: Convention and competition feedback and PREP; meeting directly before and after competition to develop skills for nerves, confidence, nutrition, warm-up, etc.
- You can also add this on PER each competition and convention; \$35 for each competition and convention

PAYMENT:

- Payment to be made directly through venmo or zelle and will start the day the mentee signs up. Subsequent payments will be upfront starting the first day of each 3 week period. There is no long-term commitment and can be cancelled at the end of any 3 week period.
 - Upgrading or downgrading tiers can occur at the start of a new 3 week period.
- *Venmo: Annie- Frankel- 2 or Zelle: 813-505-3435

NOTE: Each artist enrolled in the program will have a 15 minute intro Zoom call. Parents are invited to attend to go over the details of the program, the tier selected and any questions that you might have.

Email: anniefrankel14@gmail.com

Instagram: @annieeebeee

